



Holy Saturday

Bible Passage: Psalms 12, 13, 44 & 86

Activity: Read the Psalms of lament above

Reflection: Imagine yourself as someone who trusted in Jesus while he was alive. Once Jesus was crucified, his followers thought their savior was dead. The person they put their trust in was murdered. Reflect on the darkness you would've felt.

Family Adaptation: Talk with your child about Jesus dying. They may know someone who has died. Talk with them about that person and speak with them about the hope we have in Jesus and that Jesus came back to life!