



Holy Thursday

Bible Passage: John 13:1-9

Activity: Break bread and drink grape juice as a family. Read Luke 22:7-20 while you eat dinner.

Reflection: Before dinner, pray to God and ask him to open your eyes to the weight of the suffering he endured on our behalf, so that we can have a full life and eternity with Him.

Family Adaptation: After doing the activity as a family, ask your children the following questions:
What do you think Jesus was symbolizing with bread and wine?
What do you think Jesus meant by his “suffering”?
Is there anything that confuses you about this story?